

<b>Week 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cornflakes Bagels Banana and Cucumber sticks	Malt Wheats Toast Apple and Carrot sticks	Weetabix Fruit Loaf Melon/Oranges	Rice Krispies Toast Cubed Cheese and pear	Cornflakes Crumpets Nectarine and grapes
<b>Lunch</b>	Spanish Chicken with chorizo, olives, and peppers. Cous cous  Spanish Vegetable Cous cous	Jacket Potatoes Cheese and Beans Or Tuna	Roast Pork New Potatoes Broccoli/Cauliflower Cheese.  Vegetable Loaf	Turkey Bolognese  Quorn Bolognese  Garlic Bread	Mac & Cheese
<b>Lunch Pudding</b>	Homemade Rice Pudding	Homemade Swiss Roll	Pear Belle Helene	Homemade Jam Puffs	Fresh Fruit
<b>Tea</b>	Ham and Cheese wrap	Pizza	Assorted Sandwiches	Italian Meat Crackers and Cream Cheese Vegetable Crudites	Toasted English Muffins
<b>Tea Pudding</b>	Fresh Fruit	Yoghurt	Fairy Cake	Fresh fruit	Raisins